Company Registration Number - SC280143

The Charity Registration Number is: - SC049582

# Ardrossan Community Sports Hub Report and Accounts 28 February 2023

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# Report and accounts for the year ended 28 February 2023

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Company Registration Number - SC280143

#### Trustees' Annual Report for the year ended 28 February 2023

The Trustees present their Report and Accounts for the year ended 28 February 2023, which also comprises the Directors' Report required by the Companies Act 2006.

#### Reference and administrative details

#### The charity name.

The legal name of the charity is:- Ardrossan Community Sports Hub.

The charity is also known by its operating name, ACSH.

The charity's areas operation and UK charitable registration.

The charity is registered in Scotland with The Office of the Scotlish Charity Regulator (OSCR) with charity number SC049582.

The charity does not operate in any overseas jurisdictions.

#### Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Acts. The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

The principal operating address, telephone number, email and web addresses of the charity are:-

86 Eglinton Road

Ardrossan,

, KA22 8NL

Telephone 01294 287 219

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

The Trustees in office on the date the report was approved were:-

E Gibb

J Brannan

P Breen

D Cullinane

J Hunter

A Kerr

S Lee

Amanda Muir

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#### Trustees' Annual Report for the year ended 28 February 2023

The following persons served as Trustees during the year ended 28 February 2023 :-

The trustees who served as a trustee in the reporting period, and, if applicable, their dates of appointment or resignation during the year were:-.

| Name        | Appointed  | Resigned/Retired |
|-------------|------------|------------------|
| Amanda Muir | 12/06/2023 |                  |
| E Gibb      | 02/05/2019 |                  |
| J Brannan   | 02/05/2019 |                  |
| P Breen     | 01/08/2016 |                  |
| D Cullinane | 16/10/2020 |                  |
| J Hunter    | 06/05/2019 |                  |
| A Kerr      | 16/10/2020 |                  |
| S Lee       | 02/05/2019 |                  |

All the trustees are also members of the charity.

#### Objects and activities of the charity

#### The purposes of the charity as set out in its governing document.

The purposes of the charity are:

- To advance public participation in sport within the community of Ardrossan, through the development and maintaining of sports and other facilities in Ardrossan.

#### The main activities undertaken in relation to those purposes during the year.

We are active in the community pertaining to postcode area KA22 and defined by in our Articles of Association.

In early 2021 ACSH took over a former privately owned gym which closed during COVID located on the site of a derelict children's home. ACSH resurrected the facility, transforming it into an important community asset. We continue to use funding from North Ayrshire Council's Community Investment Fund to employ a Manager and 4 part time coaches these positions are also suplemented via grant funding North Ayrshire Ventures Trust. Our revenue stream from membership of the gym also helps to cover the cost of those employed.

The previous facility was a 'performance gym', which we transformed into a community facility and opened in May 21 and by February 22 had 340 members we now have 620 members - 53% female, 22% aged under 20 and 86% residents of Ardrossan/3 Towns, with affordable £25/month fees and family memberships maintained at those prices for the last 3 years.

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#### Trustees' Annual Report for the year ended 28 February 2023

The main activities undertaken during the year to further the charity's purpose for the public benefit.

Our Manager plays a key role - raising further our community profile; supporting our workforce to develop knowledge and skills; recruiting, retaining and developing volunteers in roles including coaching, planning events and initiatives and marketing and promotion; identifying opportunities for individuals, groups and partners to share access to ACSH facilities and resources to create new services; and engaging directly with people experiencing barriers to participation to enable their inclusion in activity. In the period ACSH have combined local community knowledge within our Board, staff and volunteers with our Managers professional expertise to achieve significant community buy-in, build relationships and secure even higher levels of engagement. We will continue to extend the services we offer with gym memberships including family and junior options, circuits classes, yoga, boxing, gym inductions, weight loss support, personal training, workout plans. Increasingly we will take activities into community settings and target new intitatives on under-represented groups (those on low incomes, unemployed, single parents, people with health issues, addictions or experiencing isolation).

As a result we expect to make continous significant difference to our community by:

- Stimulating interest in sport and wellbeing, engaging the community in planning and participating in activities;
- Enabling residents to enjoy better physical & mental health by removing financial and other barriers to participation
- Using sport as a vehicle connect people, be more socially cohesive and contribute positively in their community
- Support residents develop skills for life through training, volunteering or employment opportunities
- Increasing residents pride in our community by providing services which demonstrate positive change led by the community themselves.
- Sustaining jobs, creating new volunteering opportunities and offering new temporary job opportunities via employability programmes.

The Ardrossan Community Sports Hub Fitness Centre and Recreational ground are ideal facilities which will allow the charity to foster Our Vision.

"...a healthy Ardrossan where people are more active more often – where physical activity and sport helps bring about positive benefits for individuals and our community. Where people will have a positive sense of self- worth and where 'sport for all' is a reality"

And Our mission "to create a community Physical Activity & Sports Hub, using physical activity and sport as a means of improving individual health, both physical and mental, and creating a sense of wellbeing and resilience in our community. By creating a successful hub in partnership with other community groups, we will promote a civic pride in our community realising our vision for the town and its environs."

To have these assets at our disposal is vital in allowing us to meet our strategic goals. There is no other facility or area of land within the town of Ardrossan that comes near to what is available at Seafield.

We seek to upgrade the local facilities at Winton Park the home of semi-professional football club Ardrossan Winton Rovers CIC and enable them to be of greater use for the community at large. The club is a community Interest Company and as such has similar aims and objectives to ACSH. We look to work together to create facilities that will allow many activities but especially football to be played on an astro surface. Ardrossan Winton Rovers CIC and ACSH have worked together in the last reporting year to make a funding application to the Scottish Football Associations Grass Roots Fund along with other funding applications. If these applications are successful we hope to put in place a new astro turf football surface by August 2024. This will replace the grass surface which cant sustain use by many associated teams.

We will also retain an interest in the purchase of land to the east of Winton Park in Ardrossan for the purposes of creating recreational facilities for the people of the town, these plans are not immediate and are seen as strategic mid to long term (5-10 years).

We continue to operate from our head office at 82 - 84 Glasgow St Ardrossan.

We foster participation in sporting activities through involving the local youth in role modelling and participation in physical activities. The centre for these physical activities is our newly acquired community fitness centre, situated at 86 Eglinton Road, Ardrossan.

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## Trustees' Annual Report for the year ended 28 February 2023

We are a sports hub and encourage partnership working with local groups to add and enhance the physical activities on offer within the local community, for example we have as partners among others the local community centre, and local primary schools, boxing club, running club, AWRFC football club and Ardrossan Academical Rugby Club we participate in many functions held by the local clubs and this joint working helps to create, enhance community wellbeing.

We continue to fundraise through the local council and national funding providers to develop participation in sporting and leisure facilities which will have a direct positive outcome on the health of local inhabitants. This fundraising during the last reporting year has lead to the employment of 1 full time gym manager and 4 part time coaches for our fitness centre. We have also been able to employ coaches via the local authorities Kickstart scheme with 2 of these positions being made permananet. We have also received funding form others sources to provide various activities within the community allwoing the Sports Hub to take health and wellbeing out into different areas of the town.

#### The main achievements and performance of the charity during the year.

We continue to have our green field site fully functioning and in use for recreational and leisure facilities including fitness classes, but especially for use by the local youth football academy who have limited venues on which to train. We continue to have an agreement with the football academy who now lease the green field site for a peppercorn rent of £1 per year, the academy now has approximately 320 participants who can use the facility as they choose.

During the accountancy period we have managed to sustain the community gym and continue to make a good recover from covid which had a severe impact on our plans, we are now open 7 days a week having increased from 5 days a week which of course provides more flexibility for attendance due to increased gym membership numbers we are able to maintain membership fees at the same price as last year and have yet to increase our pricing, this is very important to us considering some of the areas within our town are amongst the 2% poorest areas in scotland we are now also able to offer free gym membership for a period of time to those people impacted the most by financial hardhip. We continue to augment the equipment in place with new equipment and continued to transform the internal and external building keeping it up to date and improving the public persona, we have used a government bounce back loan to help with the equipment purchase.

We continue to look forward to making a positive impact on the physical and mental health of local inhabitants.

# The difference the charity's performance during the year has made to the beneficiaries of the charity and wider society

We have continued to provide support to local groups on how best to improve sporting activities and facilities, this includes partnership working and pooling resources to ensure better outcomes. We continue our close work with the local football academy and have helped them maintain SFA accreditation with a Bronze award.

We continue to consult with local schools and pupils which allowed us to identify local children who found difficulty with mainstream education and provided a suitable programme based on fitness to aid their development. Our work is now having a positive impact on the physical and mental wellbeing of the local inhabitants. Our activities including our proposals for an astro pitch at Winton Park have created positive outcomes in relation to physical wellbeing, mental wellbeing, community aspirations and a positive community identity whic brings people together and will create a better town for people to live in.

We continue to use modelling to underpin future participation in athletics and sporting and leisure activities in general.

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#### Trustees' Annual Report for the year ended 28 February 2023

#### Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

For the election and retirement of directors we are guided by Article 27 of our constitution states the following:

- At the first general meeting held the members shall elect 6 member directors.
- provided that the first General Meeting is held before the first AGM, there shall be no change in or election of Directors at the first AGM (except to the extent of filling any vacancies in the Board left over after the first General Meeting or caused by any retirals since);
- at the second and each subsequent AGM, one-third of the Member Directors (or the nearest number upwards) shall retire from office;
- a retiring Member Director shall retain office until the close or adjournment of the meeting;
- if no other Director has or Directors have decided or agreed to retire, the Member Directors to retire at each AGM shall be those who have been longest in office since their last election but, as between persons who were elected or last re-elected Directors on the same day, the one or ones to retire shall (unless they otherwise agree amongst themselves) be determined by lot;
- nomination of any Member Director, who shall himself or herself be (or be eligible to become)
   Member, shall be in writing by not less than any two Members delivered to the Registered Office
   not less than 7 days prior to the date of the AGM in question and wherein the nominee shall
   confirm his or her willingness to act as a Member Director if elected; and
- election of any Member Director shall be by vote of the Members, each Member having one vote for each vacancy in the Member Directors on the Board.

Directors may also be elected in line with Article 28 which states:

- In addition to their powers, the directors may at any time appoint any non-member of the Company (providing he/she is willing to act) to be a director (a "Co-opted Director") on the on the basis that he/she has specialist experience and/or skills which could be of assistance to the directors.
- At each annual general meeting, all of the Co-opted Directors shall retire from office but shall then be eligible for re-appointment.
- A Co-opted Director can be removed from office at any time by a simple majority of the Board.

#### Financial review

#### The charity's financial position at the end of the year ended 28 February 2023

The financial position of the charity at 28 February 2023 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

|  | 2023<br>£ | 2022<br>£ |
|--|-----------|-----------|
| Net income   | (12,671)  | 23,179    |
| Unrestricted Revenue Funds available for the general purposes of the charity | 28,981    | 37,819    |
| Restricted Revenue Funds   | 27,758    | 31,591    |
| Total Funds  | 56,739    | 69,410    |

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#### Trustees' Annual Report for the year ended 28 February 2023

#### Financial review of the position at the reporting date, 28 February 2023.

Having stabilised the charities financial position due to the negative impact of Covid-19 the trustees set out to maximise income through membership and grant funding to ensure we could continue on a sound financial footing and be able to achieve our aims and objectives membership has continued to increase month on month and with funding achieved from sport scotland, the national lottery, north ayrshire council and north ayrshire ventures trust the end of the reporting period finds ACSH in a healthy financial position and that our short to midterm future is secure (3-5 years). We continue to expect that a large part of our funding will be through grants from the local authority North Ayrshire Council and through national funding bodies such as Sports Scotland and The National Lottery., but ACSH sustainability beyond funding looks really healthy as our reputation and our membership numbers continue to grow and with this of course comes increased revenue.

At the start of the reporting year covid restrictions have been lifted and of course our ability to grow and function was now active, we started to plan out our planned activities, become involved in the community which we existed to serve, providing the wellbeing service that was planned. our reputation grew along with membership and this had a really positive effect on the financial position of the charity.

The trustees continue to see a bright future for the sports Hub after our first full year of operation since covid restrictions have been lifted our memebrship as previously stated continues to grow as well as our positive reputation it has been a really positive year financially for the sports hub.

We continue to invest in our future and make the impacts on the community's health that the charity was set up to do, we have completed our financial risk assessment and we look forward to a continued sustainable financial future that will be based on growth and, reputation and community participation.

#### Policies on reserves.

Ardrossan Community Sports Hub exists for the benefit of the inhabitants of the local area to improve both physical and mental health for all. Primarily its funding streams will be mainly via grant funding from local fundraising, the local authority, and national funders and from gym memberships.

#### The rationale behind the reserves policy:

The board of trustees recognize they have a duty to use their organization's funds within a reasonable time of receiving them. However, we also need to maintain the charities future, absorb setbacks, and take advantage of change and opportunity. To provide for this we need to set income aside, when we can afford to, as a reserve for future, or against future uncertainties. The charity trustees believe reserves are required to cover the overheads of the buildings it maintains and the main activities it undertakes. The board of trustees will over a period set aside reserves to cover its overheads for a 3-month period. The trustees will outline areas where there may be shortfalls in funding and how these shortfalls will be met.

It is not acceptable to have a high level of reserves, high in actual terms or even just proportionate to turnover, if they cannot be justified. This could be seen as not properly directing the resources of the charity to the furtherance of its charitable objectives. Long-term commitments to staff or leases, or refurbishment plans which may have to be paid out of reserves, should however, be taken into account.

As the charity's overheads grow or diminish it will add or take from the reserve funds year on year to maintain a correct level of reserves. This will mean considering buildings cost and overheads and main activities which it wishes to protect.

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#### Trustees' Annual Report for the year ended 28 February 2023

As part of the financial accounting period for each year the board of trustees will review the amount of reserves and forecast for the following financial year. We recognise that the reserves policy is not a static document, needs will change, the financial position of the charity may change, or plans may alter. We understand that it is important that the reserves policy is actively monitored and reviewed.

The trustees have agreed that a sum of £30,000 would be a sufficient level of reserves for the charity to aim for in the coming financial period. This will cover 3-month commitments to staff, leases, insurances, and main activities which the trustees wish to protect. The significant increase is mainly due to utility bills rising due to the cost of living crisis from £6,000 to an expected £18,000.

#### Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

#### Investment policy and Investment objectives.

The trustees may invest any funds which are not immediately required for the activities of the Charity in such investments as may be considered appropriate, which will be held in the name of the charity under the instructions of the Board of Directors, and to dispose of, and vary, such investments.

At present the charity has no investments.

#### Plans For the Future

Summary of plans for the future and the trustees' perspective of the future direction of the charity.

The trustees hope to develop our commitment to the local community in developing an infrastructure which promotes all round well-being. To do this we will forge ahead with the use and upgrade of the community fitness centre which will help the charity to underpin its future work and status in the community.

The charity has as its main objective the desire to enter into an agreement with AWRFC CIC & AWRFC Youth Academy to fund and manage a new astro turf facility at Winton Park that will allow the youth academy teams and others to use local facilities and not have to travel out of town for training and playing games.

The purchase of land to the East of Winton Park from Network Rail and put in place leisure and recreational facilities which will benefit all of the community. This will be a long-term objective achieved over the next 5 years.

We are also working towards introducing new activities to the local community and helping to underpin existing clubs and groups.

Fundraising as expected has become more competitive and we will continue to build meaningful relationships with funders which is more important than ever (especially in these unprecedented times). As a result of the cost of living crisis, funders are keen to find out how they can support organisations, both financially, or by providing flexibility in grant arrangements when adapting or expanding to address the impact of the crisis on your beneficiaries. We understand the sustainability of long-term support of funders who are engaged with and committed to our work will be vital to ensure our organisation has the resources required to continually develop, ensuring our beneficiaries get the support they need both now and in the future.

#### **Details of The Independent Examiner**

Fiona McMurray FMAAT

Member of Association of Accounting Technicians

The APL Centre

Stevenston Industrial Estate

Stevenston

Avrshire

KA20 3LR

Company Registration Number - SC280143

#### Trustees' Annual Report for the year ended 28 February 2023

#### Statement of the Directors Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended)

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to:-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

### Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 11 to 33.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime. This report was approved by the board of trustees on 14 November 2023.

# DM Cullinane

D Cullinane Director and Trustee

# Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 28 February 2023

I report to the Trustees on my examination of the financial statements of the charitable company on pages 11 to 33 for the year ended 28 February 2023 which have been prepared in accordance with the Charities and Trustee Investment (Scotland) Act 2005 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by The Office of the Scottish Charity Regulator (OSCR), and under the historical cost convention and the accounting policies set out on page 17.

#### Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report

As described on page 8, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Regulations 10(1) (a) to (c) of the The Charities Accounts (Scotland) Regulations 2006 (as amended) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 44(1)(c) of the Act;
- b) follow the applicable procedures in the Regulation 11 of The Charities Accounts (Scotland) Regulations 2006 (as amended) and in accordance with theguidance given by The Office of the Scottish Charity Regulator and;
- c) state whether particular matters have come to my attention.

#### Basis of Independent Examiner's Statement and scope of work undertaken

and:

I conducted my examination in accordance with the Regulation 11 of The Charities Accounts (Scotland) Regulations 2006 (as amended) and in accordance with theguidance given by The Office of the Scotlish Charity Regulator, setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

#### Independent Examiner's Statement, Report and Opinion

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

and that I am qualified to act as Independent Examiner in accordance with that section by virtue of my being a qualified member of Association of Accounting Technicians;

This is a report in respect of an examination carried out under 44(1)(c) of the Act and in accordance with Regulation 11 of The Charities Accounts (Scotland) Regulations 2006 (as amended) and in accordance with theguidance given by The Office of the Scotlish Charity Regulator which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 44(1)(a) of The Charities and Trustee Investment (Scotland) Act 2005;

when preparing accounts on a fully accrued basis, to prepare financial statements which accord with the accounting records and comply with the accounting requirements of the Act and the Regulations setting out the form and content of charity accounts;

have been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

have been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

have not been met or to which, in my opinion, attention should be drawn in my report in order to enable a proper understanding of the accounts to be reached.

Signed:-

Fiona McMurray FMAAT - Independent Examiner

Association of Accounting Technicians

The APL Centre Stevenston Industrial Estate Stevenston Ayrshire KA20 3LR

This report was signed on 15 November 2023

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 28 February 2023, as required by the Companies Act 2006)

|                               | SORP<br>Ref | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|-------------------------------|-------------|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|                               |             | 2023                                  | 2023                                | 2023                        | 2022                      |
|                               |             | £                                     | £                                   | £                           | £                         |
| Income & Endowments from:     |             |                                       |                                     |                             |                           |
| Donations & Legacies          | A1          | 260                                   | 53,678                              | 53,938                      | 100,108                   |
| Charitable activities         | A2          | 113,027                               | -                                   | 113,027                     | 80,260                    |
|                               |             |                                       |                                     |                             |                           |
| Total income                  | Α.          | 113,287                               | 53,678                              | 166,965                     | 180,368                   |
| Expenditure on:               |             |                                       |                                     |                             |                           |
| Raising funds                 | В1          | 114                                   | -                                   | 114                         | -                         |
| Charitable activities         | B2          | 122,011                               | 57,511                              | 179,522                     | 133,946                   |
|                               |             |                                       |                                     |                             |                           |
| Total expenditure             | В.          | 122,125                               | 57,511                              | 179,636                     | 133,946                   |
| Net income for the year       | •           | (8,838)                               | (3,833)                             | (12,671)                    | 46,422                    |
| Transfers between funds       | С           | -                                     | -                                   | •                           | -                         |
| Net income after transfers    | A-B-C       | (8,838)                               | (3,833)                             | (12,671)                    | 46,422                    |
| Other recognised gains/(losse | es)         |                                       |                                     |                             |                           |
| Extraordinary items           | D3          |                                       | -                                   | •                           | (23,243)                  |
| Net movement in funds         | •           | (8,838)                               | (3,833)                             | (12,671)                    | 23,179                    |
| Reconciliation of funds:-     | E           |                                       |                                     |                             |                           |
| Total funds brought forward   |             | 37,819                                | 31,591                              | 69,410                      | 46,231                    |
| Total funds carried forward   | -           | 28,981                                | 27,758                              | 56,739                      | 69,410                    |

The 'SORP Ref indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4,60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet

A Statement of Total Recognised Gains and Losses is included as a primary statement in these accounts.

All activities derive from continuing operations

# Ardrossan Community Sports Hub - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

|                                     | SORP<br>Ref | Prior Year<br>Unrestricted<br>Funds<br>2022<br>£ | Prior Year<br>Restricted<br>Funds<br>2022<br>£ | Prior Year<br>Total Funds<br>2022<br>£ |
|-------------------------------------|-------------|--|--|--|
| Income & Endowments from:           |             |  |  |  |
| Donations & Legacies                | <b>A</b> 1  | 47,498   | 52,610   | 100,108                                |
| Charitable activities               | A2          | 80,260   | -  | 80,260                                 |
| Other trading activities            | <b>A3</b>   | -  | •  | •                                      |
| Investments                         | A4          | -  | -  | •                                      |
| Other                               | A5          | •  |  | •                                      |
| Total income                        | <b>A</b> .  | 127,758  | 52,610   | 180,368                                |
| Expenditure on:                     |             |  |  |  |
| Raising funds                       | B1          | _  | -  |  |
| Charitable activities               | B2          | 99,843   | 34,103   | 133,946                                |
| Other                               | В3          | -  |  | •                                      |
| Tax on surplus on ordinary activiti | В3          | -  | -  | •                                      |
| Other taxation                      | <b>B3</b>   | •  | -  | •                                      |
| Total expenditure                   | В           | 99,843   | 34,103   | 133,946                                |
| Net gains on investments            | B4          | -  |  | -                                      |
| Net income for the year             |             | 27,915   | 18,507   | 46,422                                 |
| Transfers between funds             | С           | -  | -  | -                                      |
| Net income after transfers          | -           | 27,915   | 18,507   | 46,422                                 |
| Extraordinary items                 | D3          | (23,243)   | •  | (23,243)                               |
| Net movement in funds               | -           | 4,672  | 18,507   | 23,179                                 |
| Reconciliation of funds:-           | E           |  |  |  |
| Total funds brought forward         |             | 34,112   | 12,119   | 46,231                                 |
| Total funds carried forward         | _           | 38,784   | 30,626   | 69,410                                 |

#### All activities derive from continuing operations

A Statement of Total Recognised Gains and Losses is included in these accounts as a separate primary statement

# Ardrossan Community Sports Hub - Resources applied in the year ended 28 February 2023 towards fixed assets for Charity use:-

|   | 2023     | 2022     |  |
|---|----------|----------|--|
|   | £        | £        |  |
| Funds generated in the year as detailed in the SOFA   | (12,671) | 23,179   |  |
| Resources applied on functional fixed assets          | (21,965) | (23,452) |  |
| Resources applied on Intangible assets                | -        | -        |  |
| Other applications of funds                           | -        | -        |  |
| Net resources available to fund charitable activities | (34,636) | (273)    |  |

# Movements in revenue and capital funds for the year ended 28 February 2023

## Revenue accumulated funds

| Accumulated funds brought forward            | Unrestricted<br>Funds<br>2023<br>£<br>37,819         | Restricted<br>Funds<br>2023<br>£<br>31,591 | Total<br>Funds<br>2023<br>£<br>69,410 | Last year<br>Total Funds<br>2022<br>£<br>46,231 |
|--|--|--|---------------------------------------|---|
| Recognised gains and losses before transfers | (8,838)<br>28,981                                    | (3,833)<br>27,758                          | (12,671)<br>56,739                    | 46,422<br><b>92,653</b>                         |
| Closing revenue funds                        | 28,981   | 27,758                                     | 56,739                                | 69,410  |
| Summary of funds                             | Unrestricted<br>and<br>Designated funds<br>2023<br>£ | Restricted<br>Funds<br>2023<br>£           | Total<br>Funds<br>2023<br>£           | Last Year<br>Total Funds<br>2022<br>£           |
| Revenue accumulated funds                    | 28,981   | 27,758                                     | 56,739                                | 69,410  |

## Ardrossan Community Sports Hub Income and Expenditure Account for the year ended 28 February 2023 as required by the Companies Act 2006

| ·   | 2023<br>£ | 2022<br>£ |
|---|-----------|-----------|
| Income  | -         | ~         |
| Income from operations  | 153,095   | 180,368   |
| Gross income in the year before exceptional items               | 153,095   | 180,368   |
| Gross income in the year including exceptional items            | 153,095   | 180,368   |
| Expenditure   |           |           |
| Charitable expenditure, excluding depreciation and amortisation | 167,785   | 127,098   |
| Depreciation and amortisation                                   | 10,162    | 5,768     |
| Governance costs  | 1,255     | 1,080     |
| Other expenditure   | -         | •         |
| Total expenditure in the year                                   | 179,636   | 133,946   |
| Extraordinary items   |           | 23,243    |
| Net income before tax in the financial year                     | (26,541)  | 23,179    |
| Tax on surplus on ordinary activities                           | -         | -         |
| Net income after tax in the financial year                      | (26,541)  | 23,179    |
| Retained surplus for the financial year                         | (26,541)  | 23,179    |

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

#### Ardrossan Community Sports Hub - Balance Sheet as at 28 February 2023

|   |      | SORP       | •        |          |         |          |
|---|------|------------|----------|----------|---------|----------|
|   | Note | Ref        |          | 2023     |         | 2022     |
|   |      |            |          | £        |         | £        |
| Fixed assets  |      | Α          |          |          |         |          |
| Intangible assets                                       | 10   | A1         |          | 2,750    |         | 3,500    |
| Tangible assets   | 11   | A2         |          | 34,016   |         | 21,463   |
| Total fixed assets                                      |      |            |          | 36,766   | _       | 24,963   |
| Current assets  |      | В          |          |          |         |          |
| Debtors   | 12   | <b>B2</b>  | 3,908    |          | 1,184   |          |
| Cash at bank and in hand                                |      | <b>B</b> 4 | 38,937   |          | 67,193  |          |
| Total current assets                                    |      |            | 42,845   | -        | 68,377  |          |
| Creditors: amounts falling due within one year          | 13   | C1         | (10,622) | -        | (8,930) |          |
| Net current assets                                      |      |            |          | 32,223   |         | 59,447   |
|   |      |            |          | 68,989   | _       | 84,410   |
| Net assets  |      |            |          |          |         |          |
| Creditors: amounts falling due after more than one year | 14   | C2         |          | (12,250) |         | (15,000) |
| The total net assets of the charity                     |      |            |          | 56,739   |         | 69,410   |

The total net assets of the charity are funded by the funds of the charity, as follows:-

| Restricted funds           |    |    |        |        |        |        |
|----------------------------|----|----|--------|--------|--------|--------|
| Restricted Revenue Funds   | 18 | D2 | 27,758 |        | 31,591 |        |
|                            |    |    |        | 27,758 |        | 31,591 |
| Unrestricted Funds         |    |    |        |        |        |        |
|                            |    |    |        |        |        |        |
| Unrestricted Revenue Funds | 18 | D3 | 28,981 |        | 37,819 |        |
|                            |    |    |        | 28,981 |        | 37,819 |
| Designated Funds           |    |    |        |        |        |        |
|                            |    |    | _      |        | _      |        |
| Total charity funds        |    |    | _      | 56,739 |        | 69,410 |

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 10.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

Amanda Muir

A Muir

Trustee

Approved by the board of trustees on 14 November 2023

## Notes to the Accounts for the year ended 28 February 2023

#### 1 Accounting policies

#### Policies relating to the production of the accounts.

#### Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charittes) 2015, (as amended by the Bulletin Issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by The Office of the Scottish Charity Regulator (OSCR), effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration

#### **Going Concern**

The charitable activities are entirely dependent on continuing grant ald and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the Trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to 31 December 2023, the Trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the Trustees are not aware of any material uncertainltes about the charity's ability to continue as a going concern.

#### Risks and future assumptions

The charity is a public benefit entity.

#### Policies relating to categories of income and income recognition.

#### Nature of income

Gross income represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

#### Categories of Income

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

Income from exchange transactions is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

#### Notes to the Accounts for the year ended 28 February 2023

#### Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Dividends are accrued when the shareholder's right to receive payment is established.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

#### Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the reciplent charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

#### Membership subscriptions

The Income and any associated Gift Aid or other tax refund from a membership subscription received by the charity in the nature of a gift, is accounted for on the same basis as a donation.

The income from a membership subscription received by the charity where the subscription purchases the right to services or benefits is recognised as income from charitable activities.

#### Policies relating to expenditure on goods and services provided to the charity.

#### Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated..

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision so longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

#### Policies relating to assets, liabilities and provisions and other matters.

#### Intangible assets

Website is being written off in equal annual instalments over its estimated economic life, which equates to amortisation at 15% straight line.

#### Tangible fixed assets

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

## Notes to the Accounts for the year ended 28 February 2023

Freehold premises 0 % straight line Improvement to Property 15 % straight line Plant and machinery 20 % straight line Motor vehicles 25 % straight line

#### Accounting for capital grants and fixed asset funds.

Gifts of tangible fixed assets or grants of a capital nature, given for the purposes of acquiring specific assets to be fully utilised in the furtherance of the objects of the charity, are credited to fixed asset funds after the donated asset has been received or sums have been properly expended on the restricted purpose.

Where the terms of the gift require the charity to hold the asset on an ongoing basis for a specific purpose, then the fixed asset fund so created is categorised as a restricted fixed asset fund, and the relevant restrictions are noted in the fixed asset note 11.

Where the terms of the gift are met once the asset is acquired, so allowing the charity to use the asset on an unrestricted basis, including the right to receive the proceeds of any future sale of the asset on an unrestricted basis, then the fixed asset fund so created is categorised as a designated fixed asset fund.

When assets are acquired for the furtherance of the charity's objects, utilising the charity's own unrestricted funds, a transfer is made from unrestricted funds to a designated fixed asset fund.

Whether acquired with unrestricted or restricted funds, the asset acquired is initially shown in the balance sheet at the full cost of acquisition or subsequent revaluation.

As the related assets are depreciated, in accordance with the depreciation policy,in order to reflect the dimunition in the asset, a transfer is made from the relevant fixed asset funds to either unrestricted or restricted revenue funds, as appropriate to the terms of the original gift, if any.

The effect of this policy is that the aggregate of all fixed asset funds shall equate to the net book value of fixed assets.

In the first year that this policy was adopted, a transfer to fixed asset funds was made equivalent to the net book value of the assets.

Any residual liability to the donor arising from, for example, the asset's future sale, is disclosed as a contingent liability unless the event that would trigger repayment of the grant becomes probable in which case a liability for repayment is recognised.

Insofar as this policy relates to Government grants and to the extent that it may be a departure from the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), such departure is justified on the basis that it is in order to comply with the SORP.

#### Notes to the Accounts for the year ended 28 February 2023

#### Stocks and work in progress

Stock is valued at the lower of cost and net realisable value.

#### Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

#### Financial instruments including cash and bank balances

Cash held by the charity is included at the amount actually held and counted at the year end. Bank balances, whether in credit or overdrawn, are shown at the amounts properly reconciled to the bank statements.

#### Pensions - defined contribution schemes

The charity operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

#### **Fund Accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

There are no endowment funds.

#### 2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

#### 3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

#### 4 Significance of financial instruments to the charity's position

There are no significant implications of such matters.

#### Notes to the Accounts for the year ended 28 February 2023

| 5 | Net | surplus | before | tax in | the | financial y | /ear |
|---|-----|---------|--------|--------|-----|-------------|------|
|   |     |         |        |        |     |             |      |

|   |   | £  | 2022<br>£  |
|---|---|--|--|
| The net surplus before tax in the financial year is stated after charging:- |   |  |  |
| Depreciation of owned fixed assets  |   | 10,162   | 5,768  |
| Pension costs   |   | 1,010  | 590  |
| Extraordinary items - analysed by fund                                      | 2023  |  | 2022   |
|   | £   |  | £  |
| Unrestricted funds -  |   | 23,243   |  |
| Restricted funds -  |   | -  |  |
|   |   |  |  |
| Total extraordinary items   | <u> </u>  | _  | 23,243   |
|   |   |  |  |
|   | Depreciation of owned fixed assets Pension costs  Extraordinary items - analysed by fund  Unrestricted funds - Restricted funds - | Depreciation of owned fixed assets  Pension costs  Extraordinary items - analysed by fund 2023  £  Unrestricted funds -  Restricted funds -  Total extraordinary items - | The net surplus before tax in the financial year is stated after charging:-  Depreciation of owned fixed assets 10,162 Pension costs 1,010  Extraordinary items - analysed by fund 2023  £  Unrestricted funds - 23,243 Restricted funds |

#### 7 Staff costs and emoluments

| Salary costs   | 2023         | 2022   |
|--|--------------|--------|
|  | £            | £      |
| Gross Salaries excluding trustees and key management personnel                             | 73,098       | 58,820 |
| Employer's operating costs of defined  |              |        |
| contribution pension schemes   | 1,010        | 590    |
| Total salaries, wages and related costs  | 74,108       | 59,410 |
|  | _            | _      |
| The average number of part time staff employed in the year was                             | 7            | ,      |
| The average number of full time staff employed in the year was                             | 1            | 1      |
| The estimated full time equivalent number of all staff employed in the year was            | -            | •      |
| The estimated equivalent number of full time staff deployed in different activities in the | e year was:- |        |
| Engaged on charitable activities   | 8            | 8      |
| The estimated full time equivalent number of all staff employed as above                   |              |        |

#### 8 Defined contribution pension schemes

Any liabilities and assets associated with the scheme are shown under debtors and creditors.

# 9 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

| Notes to the Accounts for the year ended 28 February 2023 10 Intangible Fixed Assets | 2023<br>£ | 2022<br>£ |  |
|--|-----------|-----------|--|
| Website:   |           |           |  |
| Cost   |           |           |  |
| At 1 March 2022  | 5,000     | 5,000     |  |
| Additions  | -         | -         |  |
| At 28 February 2023  | 5,000     | 5,000     |  |
| Amortisation   |           |           |  |
| At 1 March 2022  | 1,500     | 750       |  |
| Provided during the year   | 750       | 750       |  |
| At 28 February 2023  | 2,250     | 1,500     |  |
| Net book value   | 2,750     | 3,500     |  |

Website is being written off in equal annual instalments over its estimated economic life, which equates to amortisation at 15% straight line.

## 11 Tangible fixed assets

|    | Current Year                   | Leasehold<br>Improvement<br>s | Plant &<br>Machinery | Motor<br>Vehicles | Total  |
|----|--------------------------------|-------------------------------|----------------------|-------------------|--------|
|    |                                | £                             | £                    | £                 | £      |
|    | Cost                           |                               |                      |                   |        |
|    | At 1 March 2022                | 8,035                         | 19,066               | -                 | 27,101 |
|    | Additions                      | -                             | 21,965               | -                 | 21,965 |
|    | At 28 February 2023            | 8,035                         | 41,031               |                   | 49,066 |
|    | Depreciation                   | •                             |                      |                   |        |
|    | At 1 March 2022                | 1,535                         | 4,103                | -                 | 5,638  |
|    | Charge for the year            | 1,205                         | 8,207                | -                 | 9,412  |
|    | At 28 February 2023            | 2,740                         | 12,310               |                   | 15,050 |
|    | Net book value                 |                               |                      |                   |        |
|    | At 28 February 2023            | 5,295                         | 28,721               |                   | 34,016 |
|    | At 28 February 2022            | 6,500                         | 14,963               | <u> </u>          | 21,463 |
| 12 | Debtors                        |                               |                      |                   |        |
|    |                                |                               |                      | 2023              | 2022   |
|    |                                |                               |                      | £                 | £      |
|    | Prepayments and accrued Income |                               |                      | 3,461             | 1,184  |
|    | Other debtors                  |                               |                      | 447               | , -    |
|    |                                |                               |                      | 3,908             | 1,184  |

# Notes to the Accounts for the year ended 28 February 2023

| 13 Creditors: amounts falling due within one year | 2023      | 2022   |
|---|-----------|--------|
|   | £         | £      |
| Trade creditors                                   | 6,755     | 1,915  |
| Accruals  | 1,903     | 5,888  |
| PAYE, NIC VAT and other taxes                     | -         | 912    |
| Other creditors                                   | 1,964     | 215    |
|   | 10,622    | 8,930  |
| 14 Creditors: amounts falling due after one year  | 2023      | 2022   |
|   | £         | £      |
| Bank loans and overdrafts                         | 12,250    | 15,000 |
| 15 Income and Expenditure account summary         | 2023      | 2022   |
| 13 Income and Expenditure account Summary         | 2023<br>£ | £      |
| At 1 March 2022                                   | 69,410    | 46,231 |
| Surplus after tax for the year                    | (26,541)  | 23,179 |
| At 28 February 2023                               | 42,869    | 69,410 |

## 16 No related party transactions

There were no transactions with related parties in the year.

# 17 Particulars of how particular funds are represented by assets and liabilities

| At 28 February 2023   | Unrestricted | Designated | Restricted | Total    |
|-----------------------|--------------|------------|------------|----------|
|                       | funds        | funds      | funds      | Funds    |
|                       | £            | £          | £          | £        |
| Intangible Assets     | 2,750        | -          | -          | 2,750    |
| Tangible Fixed Assets | 34,016       | -          | -          | 34,016   |
| Current Assets        | 15,087       |            | 27,758     | 42,845   |
| Current Liabilities   | (10,622)     | -          | -          | (10,622) |
| Long Term Liabilities | (12,250)     | •          | -          | (12,250) |
|                       | 28,981       |            | 27,758     | 56,739   |
| At 1 March 2022       | Unrestricted | Designated | Restricted | Total    |
|                       | funds        | funds      | funds      | Funds    |
|                       | £            | £          | £          | £        |
| Intangible Assets     | 3,500        | -          | -          | 3,500    |
| Tangible Fixed Assets | 21,463       | •          | -          | 21,463   |
| Current Assets        | 36,786       | -          | 31,591     | 68,377   |
| Current Liabilities   | (8,930)      | -          | -          | (8,930)  |
| Long Term Liabilities | (15,000)     | -          | -          | (15,000) |
|                       | 37,819       |            | 31,591     | 69,410   |

# Notes to the Accounts for the year ended 28 February 2023 18 Change in total funds over the year as shown in Note 17, analysed by individual funds

|   | Funds brought<br>forward from<br>2022 | Movement in funds in 2023 | Transfers<br>between<br>funds in 2023 | Funds carried<br>forward to<br>2024 |
|---|---------------------------------------|---------------------------|---------------------------------------|-------------------------------------|
|   | £                                     | See Note 19               | See Note 0                            | £                                   |
| Unrestricted and designated funds:-     |                                       |                           |                                       |                                     |
| Unrestricted Revenue Funds              | 37,819                                | (8,838)                   | •                                     | 28,981                              |
| Total unrestricted and designated funds | 37,819                                | (8,838)                   |                                       | 28,981                              |
| Restricted funds:-                      |                                       |                           |                                       |                                     |
| Foundation Scotland                     | 1,749                                 | (91)                      | -                                     | 1,658                               |
| AMS Sport Scotland                      | 6,360                                 | (1,590)                   | -                                     | 4,770                               |
| NAC                                     | 420                                   | (90)                      | -                                     | 330                                 |
| Corra Winter Fund                       | 3,390                                 | (3,000)                   | -                                     | 390                                 |
| Sport Scotland Youth Fitness            | 5,900                                 | (2,436)                   | -                                     | 3,464                               |
| NAC CIF Funding                         | 12,806                                | (11,430)                  | -                                     | 1,376                               |
| Total restricted funds                  | 31,591                                | (3,833)                   | •                                     | 27,758                              |
| Total charity funds                     | 69,410                                | (12,671)                  | •                                     | 56,739                              |

#### 19 Analysis of movements in funds over the year as shown in Note 18

|                                     | Income  | Expenditure | Gains & | Movement |
|-------------------------------------|---------|-------------|---------|----------|
|                                     |         |             | Losses  | In funds |
|                                     | 2023    | 2023        | 2023    | 2023     |
|                                     | £       | £           | £       | £        |
| Unrestricted and designated funds:- |         |             |         |          |
| Unrestricted Revenue Funds          | 113,287 | (122,125)   | -       | (8,838)  |
| Restricted funds:-                  |         |             |         |          |
| Restricted Fixed Asset Funds        | -       | -           | -       | -        |
| Restricted Revaluation Reserve      | -       | -           | •       | •        |
| Foundation Scotland                 | •       | (91)        | -       | (91)     |
| AMS Sport Scotland                  | •       | (1,590)     | •       | (1,590)  |
| NAC                                 | -       | (90)        | -       | (90)     |
| Corra Winter Fund                   |         | (3,000)     | -       | (3,000)  |
| Sport Scotland Youth Fitness        |         | (2,436)     | -       | (2,436)  |
| NAC CIF Funding                     |         | (11,430)    | -       | (11,430) |
| Fitness 4 All (NL Community Fund)   | 53,678  | (38,874)    | -       | 14,804   |
|                                     | 166,965 | (179,636)   |         | (12,671) |

# Notes to the Accounts for the year ended 28 February 2023

#### 20 The purposes for which the funds

Unrestricted and designated funds:-

Unrestricted Revenue Funds

These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are

free from all restrictions on their use.

Restricted funds:-

Foundation Scotland

AMS Sport Scotland

Restricted Fixed Asset Funds

The purpose of these funds is described under the accounting policy

'Accounting for capital grants and fixed asset funds'.

This fund represents the restricted surplus arising on the revaluation of the

Restricted Revaluation Reserve charity's assets.

Fund purchase of resources to encourage interactions between children and

parents inside and outside the home during times of social distancing

To fund the purchase of new gym equipment

NAC

Funding towards the cost of signage

Corra Winter Fund

To help families with food/fuel costs and christmas gifts

Sport Scotland Youth Fitness

Involvement in exercise by providing activities and equipment for use by

under 24's

NAC CIF Funding

50% of website costs, and to pay for 1 full time gym manager and 1 part

Fitness 4 All (National Lottery Community

Fund)

Wages, Equipment, & Overheads as per schedule provided from funder.

#### 21 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £1 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

This analysis is classsified by conventional nominal descriptions and not by activity.

# 22 Donations, Grants and Legacies

|  | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|--|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|  | 2023                                  | 2023                                | 2023                        | 2022                      |
|  | £                                     | £                                   | £                           | £                         |
| Donations and gifts from individuals<br>Small donations individually less than £1000<br>WRYA | 260                                   |                                     | <b>260</b><br>-             | 220<br>1,078              |
| Cunninghame Housing Association  | •                                     | -                                   | -                           | 1,000                     |
| Ineos Chemicals  | -                                     | -                                   | -                           | 1,000                     |
| Total donations and gifts from individuals   | 260                                   | -                                   | 260                         | 3,298                     |
|  | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|  | 2023                                  | 2023                                | 2023                        | 2022                      |
|  | £                                     | £                                   | £                           | £                         |
| Revenue grants from government and public bodies   |                                       |                                     |                             |                           |
| Small grants individually less than £1000  | -                                     | -                                   | -                           | -                         |
| CIF Funding  | -                                     | -                                   | -                           | 43,320                    |
| Strategic Framework Business Fund  | -                                     | -                                   | -                           | 44,200                    |
| Corra Winter Fund  | _                                     | _                                   |                             | 3,390                     |
| Sport Scotland - Youth Fitness   |                                       | -                                   | -                           | 5,900                     |
| Fitness 4 All ( National Lottery Community   | -                                     | 39,808                              | 39,808                      | -                         |
| Total public sector revenue grants   | -                                     | 39,808                              | 39,808                      | 96,810                    |

# Revenue grants from government and public bodies - Prior Year analysis

|            | Prior Year<br>Unrestricted<br>Funds | Prior Year<br>Restricted<br>Funds | Prior Year<br>Total Funds |
|------------|-------------------------------------|-----------------------------------|---------------------------|
|            | 2022                                | 2022                              | 2022                      |
|            | £                                   | £                                 | £                         |
| Prior Year | 44,200                              | 52,610                            | 96,810                    |

Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

|  | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|--|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|  | 2023                                  | 2023                                | 2023                        | 2022                      |
|  | £                                     | £                                   | £                           | £                         |
| Capital grants from government and public bodies Small grants individually less than £1000 | _                                     |                                     | _                           | _                         |
| Fitness 4 All (National Lottery Community  |                                       |                                     |                             |                           |
| Fund)  | -                                     | 13,870                              | 13,870                      | -                         |
| Total public sector capital grants   |                                       | 13,870                              | 13,870                      | -                         |
| Total Donations, Grants and Legacies   |                                       |                                     |                             |                           |
| Current year   | Unrestricted<br>Funds                 | Restricted<br>Funds                 | Current Year<br>Total Funds | Prior Year<br>Total Funds |
|  | 2023                                  | 2023                                | 2023                        | 2022                      |
|  | £                                     | £                                   | £                           | £                         |
| Total Donations, Grants and<br>Legacies  | 260                                   | 53,678                              | 53,938                      | 100,108                   |
| All the donations and gifts in the prior year were unrestri                                |                                       |                                     |                             |                           |
| Prior year   | Unrestricted<br>Funds                 | Restricted<br>Funds                 | Prior Year<br>Total Funds   |                           |
| •  | 2022                                  | 2022                                | 2022                        |                           |
|  | , £                                   | £                                   | £                           |                           |
| Total Donations, Grants and Legacies   | 47,498                                | 52,610                              | 100,108                     |                           |

# Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

# 23 Income from charitable activities - Trading Activities

| Current year                                | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total funds |
|---|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|   | 2023                                  | 2023                                | 2023                        | 2022                      |
|   | £                                     | £                                   | £                           | £                         |
| Primary purpose and ancillary trading       |                                       |                                     |                             |                           |
| Sale of goods and services in accordance    | 93,064                                | -                                   | 93,064                      | 44,834                    |
| Gym Rental                                  | 323                                   | -                                   | 323                         | -                         |
| Other sales                                 | 320                                   | -                                   | 320                         | 1,181                     |
| Vending machine sales                       | 1,189                                 | -                                   | 1,189                       | -                         |
| Total Primary purpose and ancillary trading | 94,896                                | •                                   | 94,896                      | 46,015                    |

# 24 Total Income from charitable activities

| Current year                         | Current year<br>Unrestricted<br>Funds<br>2023 | Current year<br>Restricted<br>Funds<br>2023 | Current year<br>Total Funds<br>2023 | Prior Year<br>Total Funds<br>2022 |
|--------------------------------------|---|---|-------------------------------------|-----------------------------------|
|                                      | £   | £   | £                                   | £                                 |
| Total income from charitable trading | 94,896  | -   | 94,896                              | 46,015                            |
| Income from funders                  | 18,131  | -   | 18,131                              | 34,245                            |
| Total from charitable activities A2  | 113,027                                       |   | 113,027                             | 80,260                            |

# 25 Expenditure on charitable activities - Direct spending

| Current Year   | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|--|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|  | 2023                                  | 2023                                | 2023                        | 2022                      |
|  | £                                     | £                                   | £                           | £                         |
| Gross wages and salaries - charitable activities           | 34,219                                | 38,879                              | 73,098                      | 58,820                    |
| Defined contribution pension costs - charitable activities | 314                                   | 696                                 | 1,010                       | 590                       |
| Travel and Subsistence - Charitable Activities             | 250                                   | -                                   | 250                         | -                         |
| Direct Costs   | 3,379                                 | 1,590                               | 4,969                       | 3,683                     |
| Total direct spending B2a                                  | 38,162                                | 41,165                              | 79,327                      | 63,093                    |

Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

## 26 Expenditure on charitable activities - Charitable trading

| Current Year  | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|---|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|   | 2023                                  | 2023                                | 2023                        | 2022                      |
|   | £                                     | £                                   | £                           | £                         |
| Cost of goods for primary purpose trading - Including movement in stock | 804                                   | -                                   | 804                         | , <b>78</b>               |
| Total charitable trading costs B2b                                      | 804                                   |                                     | 804                         | 78                        |

# 27 Expenditure on charitable activities- Grant funding of activities

| Current Year                 |     | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|------------------------------|-----|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|                              |     | 2023                                  | 2023                                | 2023                        | 2022                      |
|                              |     | £                                     | £                                   | £                           | £                         |
| Grants made to organisations |     | •                                     | 3,000                               | 3,000                       | -                         |
| Total grantmaking costs      | B2c |                                       | 3,000                               | 3,000                       | •                         |

Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

# 28 Support costs for charitable activities

| Current Year  | Current year<br>Unrestricted<br>Funds                  | Current year<br>Restricted<br>Funds | Current year<br>Total Funds    | Prior Year<br>Total Funds |
|---|--|-------------------------------------|--------------------------------|---------------------------|
|   | 2023   | 2023                                | 2023                           | 2022                      |
|   | £  | £                                   | £                              | £                         |
| Employee costs not included in direct costs   | <b>:</b>   |                                     |                                |                           |
| Training and welfare - staff  | 1,309  |                                     | 1,309                          | 3,685                     |
| Entertaining  | 412  | -                                   | 412                            | 145                       |
| Staff Clothing  | -  | -                                   | -                              | 2,100                     |
| Premises Expenses   |  |                                     |                                |                           |
| Rates and water charges   | 1,323  | -                                   | 1,323                          | 974                       |
| Rent  | 10,500   | 6,000                               | 16,500                         | 14,502                    |
| Light heat and power  | 28,762   | 450                                 | 29,212                         | 6,033                     |
| Cleaning and waste management   | 952  | -                                   | 952                            | 2,175                     |
| Premises repairs, renewals and  |  |                                     |                                | •                         |
| maintenance   | 3,474  | -                                   | 3,474                          | 11,905                    |
| Administrative overheads  |  |                                     |                                |                           |
| Telephone, fax and internet   | 533  | -                                   | 533                            | 1,047                     |
| Postage   | 323  | -                                   | 323                            | -                         |
| Stationery and printing   | 260  | •                                   | 260                            | 391                       |
| Software licences and expenses  | 2,217  | -                                   | 2,217                          | 1,807                     |
| Advertising and marketing   | 10,648   | -                                   | 10,648                         | 8,186                     |
| Liabilty and contents insurance   | 1,875  | -                                   | 1,875                          | 1,377                     |
| Sundry expenses   | 1,116  | -                                   | 1,116                          | 810                       |
| Equipment Expensed  | 958  | 1,110                               | 2,068                          | 5,635                     |
| Subscription  | 120  | •                                   | 120                            | 60                        |
| Professional fees paid to the Auditor or Inde   | onondont Evamino                                       |                                     |                                |                           |
| r rorossionar rees para to the Auditor of Illu  | ependent Examine                                       | r in addition                       | to audit and                   |                           |
| As detailed in Note 29  | 1,307  | r in addition t                     | to audit and<br>1,307          | 792                       |
| As detailed in Note 29  Professional fees paid to advisors other tha  | 1,307  | -                                   |                                | 792                       |
| As detailed in Note 29  | 1,307  | -                                   |                                | 792<br>750                |
| As detailed in Note 29  Professional fees paid to advisors other that Consultancy fees  Financial costs   | 1,307<br><b>on the auditor or ex</b><br>7,550          | -                                   | 1,307                          | 750                       |
| As detailed in Note 29  Professional fees paid to advisors other that Consultancy fees  Financial costs Bank charges  | 1,307<br>an the auditor or ex<br>7,550<br>3,455        | -                                   | 1,307<br>7,550<br>3,455        |                           |
| As detailed in Note 29  Professional fees paid to advisors other that Consultancy fees  Financial costs Bank charges Loan interest  | 1,307<br><b>on the auditor or ex</b><br>7,550          | -                                   | 1,307<br>7,550                 | 750                       |
| As detailed in Note 29  Professional fees paid to advisors other that Consultancy fees  Financial costs Bank charges  | 1,307<br>an the auditor or ex<br>7,550<br>3,455        | -                                   | 1,307<br>7,550<br>3,455        | 750                       |
| As detailed in Note 29  Professional fees paid to advisors other that Consultancy fees  Financial costs Bank charges Loan interest Depreciation & Amortisation in total for | 1,307<br>an the auditor or ex<br>7,550<br>3,455<br>320 | -<br>caminer<br>-<br>-<br>-         | 1,307<br>7,550<br>3,455<br>320 | 750<br>1,553              |

# Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

|   | Current year          | Current year        | Prior Year     |
|---|-----------------------|---------------------|----------------|
| Prior Year  | Unrestricted<br>Funds | Restricted<br>Funds | Total Funds    |
|   | 2023                  | 2023                | 2022           |
| ,   | £                     | £                   | £              |
| Employee costs not included in direct costs                           |                       |                     |                |
| Training and welfare - staff  | 3,685                 | -                   | 3,685          |
| Entertaining  | 145                   | -                   | 145            |
| Staff Clothing  | 2,100                 | -                   | 2,100          |
| Secretary Supress   |                       |                     |                |
| Premises Expenses   | 074                   |                     | 074            |
| Rates and water charges   | 974                   | -                   | 974            |
| Rent  | 14,502                | -                   | 14,502         |
| Light heat and power  | 6,033                 | -                   | 6,033<br>2,175 |
| Cleaning and waste management   | 2,175                 | -                   | •              |
| Premises repairs, renewals and  | 11,905                | -                   | 11,905         |
| Administrative overheads  |                       |                     |                |
| Telephone, fax and internet   | 1,047                 | -                   | 1,047          |
| Stationery and printing   | 391                   | -                   | 391            |
| Software licences and expenses  | 1,807                 | -                   | 1,807          |
| Advertising and marketing   | 8,186                 | -                   | 8,186          |
| Liabilty and contents insurance                                       | 1,377                 | -                   | 1,377          |
| Sundry expenses   | 810                   | -                   | 810            |
| Equipment Expensed  | 3,817                 | 1,818               | 5,635          |
| Subscription  | 60                    | -                   | 60             |
| Professional fees paid to the Auditor or Independent examination fees | ndent Examine         | r in addition t     | o audit and    |
| As detailed in Note 29  | 792                   | -                   | 792            |
| Professional fees paid to advisors Consultancy fees                   | 750                   | -                   | 750            |
| Financial costs   | •                     |                     |                |
| Bank charges  | 1,553                 | -                   | 1,553          |
| Loan interest   | -                     | -                   | -              |
| Depreciation & Amortisation in total for                              | 3,622                 | 2,146               | 5,768          |
| Bank interest payable   | -                     | -                   | •              |
| Support costs before reallocation                                     | 65,731                | 3,964               | 69,695         |
| Total support costs - Prior Year                                      | 65,731                | 3,964               | 69,695         |
| • •   |                       |                     | <del></del>    |

Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

# 29 Other Expenditure - Governance costs

| Current Year                | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|-----------------------------|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|                             | 2023 2023                             |                                     | 2023                        | 2022                      |
|                             | £                                     | £                                   | £                           | £                         |
| Independent Examiner's fees | 1,255                                 | -                                   | 1,255                       | 1,080                     |
| Total Governance costs      | 1,255                                 |                                     | 1,255                       | 1,080                     |

# Professional fees paid to the Auditor or Independent Examiner in addition to audit and examination fees

|  | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|--|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|  | 2023                                  | 2023                                | 2023                        | 2022                      |
|  | £                                     | £                                   | £                           | £                         |
| Other financial services                                   | 1,307                                 | -                                   | 1,307                       | 792                       |
| Total additional fees included in support costs at Note 28 | 1,307                                 |                                     | 1,307                       | 792                       |

All the expenditure in the prior year was unrestricted.

## 30 Total Charitable expenditure

| Current Year                   |     | Current year<br>Unrestricted<br>Funds | Current year<br>Restricted<br>Funds | Current year<br>Total Funds | Prior Year<br>Total Funds |
|--------------------------------|-----|---------------------------------------|-------------------------------------|-----------------------------|---------------------------|
|                                | •   | 2023                                  | 2023                                | 2023                        | 2022                      |
|                                |     | £                                     | £                                   | £                           | £                         |
| Total direct spending          | B2a | 38,162                                | 41,165                              | 79,327                      | 63,093                    |
| Total charitable trading costs | B2b | 804                                   | •                                   | 804                         | 78                        |
| Total grantmaking costs        | B2c | -                                     | 3,000                               | 3,000                       | -                         |
| Total support costs            | B2d | 81,790                                | 13,346                              | 95,136                      | 69,695                    |
| Total Governance costs         | B2e | 1,255                                 | -                                   | 1,255                       | 1,080                     |
| Total charitable expenditure   | B2  | 122,011                               | 57,511                              | 179,522                     | 133,946                   |

# Detailed analysis of income and expenditure for the year ended 28 February 2023 as required by the SORP 2015

| Prior Year                     |           | , Prior Year<br>Unrestricted<br>Funds | Prior Year<br>Restricted<br>Funds | Prior Year<br>Total Funds |  |
|--------------------------------|-----------|---------------------------------------|-----------------------------------|---------------------------|--|
|                                |           | 2022                                  | 2022                              | 2022                      |  |
|                                |           | £                                     | £                                 | £                         |  |
| Total direct spending          | B2a       | 32,954                                | 30,139                            | 63,093                    |  |
| Total charitable trading costs | B2b       | 78                                    | -                                 | 78                        |  |
| Total grantmaking costs        | B2c       | -                                     | -                                 | -                         |  |
| Total support costs            | B2d       | 65,731                                | 3,964                             | 69,695                    |  |
| Total Governance costs         | B2e       | 1,080                                 | -                                 | 1,080                     |  |
| Total charitable expenditure   | <b>B2</b> | 99,843                                | 34,103                            | 133,946                   |  |